

EDMOND BULLDOG FOOTBALL



Justin Merideth - Head Coach

Personal Information

Primary Freshman Coaches

Coaching Philosophy

Booster Club Philosophy

Summer Pride

justin.merideth@edmondschools.net

Justin Merideth - Personal Information



Married to Wife Jamie for 20 years

2 Daughters: Reese 16 (Soph. at EMHS) and Presley 11 (5th Grade Chisholm)

Graduated High School from Midwest City in 1996. Won back to back State Titles in football my Jr. and Sr. years. Also played Basketball.

Received a Scholarship to play Football at Northeastern State. We won 2 conference titles while I was there.

Justin Merideth - Personal Information Continued



Football Coaching Career:

Midwest City: 2000-2005

Edmond: 2005-2008 Def. Coordinator

Edmond: 2009-2017 Head Coach

Edmond: 2021-2023 Asst.

Justin Merideth - Personal Information Continued



Head Coach Edmond Memorial:

5 time City Champs

5 Playoff Appearances

2 Playoff Wins

BULLDOG FOOTBALL: Primary Freshman Coaches



Freshman Head Coach – Seth Mead

seth.mead@edmondschools.net

Asst. – Jeremy Kenny

jeremy.kenny@edmondschools.net

All Coaches will have a role in coaching the Freshmen players. Coach Mead and Coach Kenny will be the primary coaches to contact with questions and concerns for the Freshman players.

A black and white photograph of a football coach and players on a field. The coach, Seth Mead, is in the foreground wearing a dark cap and a dark jacket. Behind him are several football players in white jerseys and helmets. One player in the foreground has the number 24 on his jersey. Another player in the background has the number 78 on his jersey. A circular graphic containing a bulldog logo is overlaid on the bottom right of the image.

Seth Mead
9th Grade HC

Expectations:

Toughness and Hardwork

Email:

seth.mead@edmondschools.net



BULLDOG FOOTBALL: COACHING PHILOSOPHY



Everything starts with relationships. I want to build real relationships between all coaches and players. I want them to know we care about them as young people and not just players. If the players know we care about them we will be able to coach and push them to be the best they can be.

We must have accountability. Beginning with me. I am accountable for this program and everything in it. I will hold the coaches accountable. Players are accountable for their actions and attitude in football, the classroom and at home.

BULLDOG FOOTBALL: COACHING PHILOSOPHY



I want our football team to be tough. When teams play us they say “the Bulldogs played with great effort and were tough. Never gave up.” If we have the right relationships with our players they will understand when we push for this.

I believe in doing things with High Energy

I want an environment where we have fun but when it's time to go to work we go to work.

Communication is key. Player to coach and coach to player communication will solve more problems and help more situations than almost anything else.

BULLDOG FOOTBALL: Spring Practice Visit

Dates: May 13th - 28th

Times: 3:30 - 5:30



I would like to encourage all players and parents to visit one of our spring practices. You may sit in the stands or watch from the sidelines. You may also take a walk through the Doghouse to see our newly renovated weightroom. Look at this as your High School recruiting visit.

BULLDOG FOOTBALL: Summer Pride



Begins: June 10 – July 26th (off the week of July 4th)

Time: 7am – 9am

What to bring: cleats, tennis shoes, work out clothes, water

We will focus on strength and conditioning. We will also focus on learning the Offense and Defense.

BULLDOG FOOTBALL: Final Notes



- Team App: where you will find information and updates
- Team Physicals
 - Date: May 1st
 - Cost: \$20
 - Where: EMHS
- Website
 - edmondmemorialfootball.com