



2024
Spring Parent
Meeting

BULLDOGS



Coaching Staff

Josh Allen - OC / QB

Kyle McComb- Co-DC / DL

Kendrick Warren - Co-DC / DB

Ryan McCaul - OL

Mkwai Williams - RB

Dustin Null - DL

Thomas Smith - WR

Emilio Davison - Offensive Asst.

Seth Mead - Head Coach 9th / Asst. OL

Jeremy Kenney - Asst. 9th / Asst. LB

Justin Merideth - Head Coach

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Core Values

Great Relationships - I want to build real relationships between all coaches and players.

Energetic - Bring passion to all that we do... Don't ride the roller coaster!

Accountability - Everyone in the program must be accountable for their actions. Beginning with me all the way to players.

Confident -Win the battle before kickoff. Expect to win!

Tough - Never back down, no team will be more physical.

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Coaching Expectations

Build Relationships

Positive AND Challenging

Transformational, not Transactional

Organized

Aid in Next Level Achievement

Promote Multi-Sport Athlete

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Player Expectations

Dominate the Classroom

Communication

Community Involvement

Commitment

Own Your Role

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Parent Expectations

Support your Athlete & the Team

Allow Coaches to Coach

Respect the Chain of Command

Be in the Know (Join TeamApp)

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Offseason Strength and Conditioning

Led by Coach Brown

- We have increased the number of players who can Hang Clean 225 from 4 to 25.
- On the Bench Press we doubled the number of players who can bench 225 pounds.
- We increased from 16 to 35 players who can squat 300 pounds.
- We had 5 players who broke school records
- Our Linemen as a group increased their lean body mass by an average of 12 pounds.
- Every single player has increased their lift maxes by at least 20 pounds



Important Summer Dates

- **May 13th - May 28th = Spring Practice**
- **May 29th - May 31st = Bixby Team Camp**
- **June 10th - July 26th = Summer Pride (Break the week of the 4th of July)**
- **August 12th = First Day of Fall practice**
- **August 17th = Bulldog Bash**
- **August 22nd = Scrimmage vs South Moore**
- **August 30th = 1st game at Del City**

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Recruiting

We will always promote our players to Colleges and Universities as best we can.

Recruiting Coordinators:

Coach Kyle McComb
socalcoachkyle@gmail.com

Coach Emilio Davison
emilio.davison@edmondschools.net

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Fundraising

Email/Text Chain (Spring)

Card Sales (August)

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Final Notes

- **Team App**
- **Physicals - May 1st (Wednesday)**
Cost: \$20
- **Website:**
edmondmemorialfootball.com

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